

Feedback for Naomi (producer) and presenter (Mandy) on Healthy Living Show

The show went really well and Pat, Beau and myself all really enjoyed ourselves. Mandy made us feel very welcome and relaxed. It was a great opportunity to be able to raise awareness about what the Red Cross does locally. If you send me some text on the healthy living show we will include it in our next email to our volunteers.

Guest, British Red Cross

In a nutshell I thought the show was brilliant, I really, really enjoyed the whole experience. Mandy was professional and had obviously put a lot of thought into the show beforehand (as did you Naomi) and I thought you both helped all of us to get our point across, clearly and precisely through the questioning throughout the show. We were all really nervous before going on air and don't think anyone could have done anything to prevent that (bar the local pub!) but Mandy soon had us all out of our shells.

To be completely honest I wasn't expecting to get much from the experience (I feel really bad for saying that but it was true), however I think it has been one of the most beneficial things I have been involved in and I would recommend everyone to take part if they can - I really want to do it again!!

I want to take this opportunity to thank you both for inviting us to be a part of your healthy living show and of course as I have already been doing, I will let as many people as I possibly can know about the fantastic work you are doing and what you are striving to achieve in Bristol

Guest, British Red Cross

I really enjoyed doing the show and would really welcome it if you would ever bear us again in mind. Thank you for giving us the opportunity. I could certainly get the show on the motorway towards Bath for quite some time. Please thank Mandy for making it such a good experience. She really put us at our ease and has obviously enjoys doing it.

Guest, Princess Royal Trust Carers Centre

I thought it was very good - much more of a general chat than I expected even though I know you said it would be.

Guest, Programme Manager Commissioning, NHS Bristol

I had a great time – it was well organised, nice and informal and a good opportunity to get our message across. I am happy to go back in a few months to update and talk about our children's service. Also we have a survivor of abuse who is happy to give the victim's perspective too.

Guest, The Bridge, Sexual Assault Referral Centre Manager

Found the experience much less traumatic than I thought i would. It was a good first experience of doing a radio interview.

Guest, Public Health Specialist Trainee, NHS Bristol

Just a note to say we feel things went well on Sunday. All the arrangements worked fine-even managed the stairs! Hope Mandy was happy with the show and thanks to you for all your organisation input - not to mention encouragement!

Guest, Senior Research Fellow in Neuroscience at Bristol General Hospital (part of UHB)

Many thanks for all your help and support in organising the show. It was very useful and I would recommend it to other staff. I will plan to go back on later in the year to reinforce the message as our Zero Tolerance day was cancelled because of the snow and I may be able to bring on or advice about more local support which is in the process of being organised.

Many thanks Very useful especially your help.

Guest, Designated Nurse for Safeguarding Children, NHS Bristol

I had great fun. It was good to meet Mandy and I hope to be invited back one day.

Thanks for your excellent preparation

Guest, NHS Bristol

Just to say that the session went really well today (from my perspective anyway!) Mandy did a brilliant job of making me feel really relaxed, so I actually ended up enjoying myself!

Thanks for all your efficient organisation etc.

Guest, Diabetes Education Manager

I thought it went brilliantly and I loved it.

Guest, Brook 4YP Outreach Youth Worker - Boys & Young Men, Brook Young People's Outreach Service

We didn't listen to it but it was an enjoyable experience - the dj was very easy to talk to. Thanks for organising this for us.

Guest, Nurse Consultant, NHS Bristol

The show went very well, we got every opportunity to say what we needed to say.

Thank you very much for your help with organising this for us.

Guest, Programme Director, Integrated Youth Offer, Bristol City Council

Thank you for emailing I think the show went well and I had people come up to me on the street and told how well they think it was I even had people commended me on my English that they didn't know that I could speak so well I am willing to come back any time that you want thanks again.

Guest, Stroke Survivor

I thought it was great. We had a pre-meeting with Sarafina, which I found very helpful when she explained how she wanted the show to go with more interaction between us as guests. I thought it seemed to go really well, I thought Sarafina asked really interesting questions and we all enjoyed answering. I found the whole thing fascinating and I really enjoyed it.

I also think you did a grand job getting all the pre work done, which meant it all went off so well. I do think we need to invest in that preparatory work, with best wishes

Guest, NHS Bristol

Just to let you know Helen & I had great fun last night on the radio show, hopefully we have reached a new audience. Thanks for inviting us on, Mandy was lovely & put us at ease very quickly. I will be in touch in the autumn if we are able to get funding for our 2 new projects. Guest, Community Outreach Worker, Centre for Sustainable Energy

It was great having the opportunity to go on Radio Ujima and thank you for putting us at ease and making it such a pleasurable experience. We have had some good feedback on how we came across so that's great.

Guest, RETHINK

I think the show went fine, neither of us were as nervous as we thought we'd be, anyway, in fact, I found it was fun..

Many thanks for organizing everything,

Guest, RETHINK

I think the show went well. I found it a bit nerve wracking as it was the first time I had done anything like that but I soon got into it. I felt that we got all the main, important, points across and Mandy asked good questions which will have been the kinds of things the audience will have been wondering. Thank you very much for inviting us and giving us the opportunity to reach a new audience.

Guest, Ostomy Lifestyle

We really enjoyed coming on the show and we even had an increase in hits to the website that day so people were obviously listening and taking down our details. I think we got all the points across that we needed and Mandy made everyone feel at ease.

Jess Boydell, Communications Coordinator - Teenage Pregnancy and Attendance

I was really nervous about Sunday having never been on the radio before but can you pass on to Mandy my thanks for being so calming, once we started it was just like having a chat to someone about what we do.

Guest, NHS Bristol, Screener/Grader

I enjoyed being part of the broadcast ... and I felt that we were able to say all that needed to be said. Mandy was warm and friendly ... the DJ before us, Junior, welcomed us and we had a taste of the vibes. I cannot fault it. Thank you for all your hard work in the background. Guest, Screener and Grader, Diabetic Retinopathy Service

Mandy did an excellent job of putting us at ease and it ended up being quite an enjoyable experience.

Guest, Specialty Registrar in Public Health, NHS Bristol (Bowel Cancer Screening)

Just a quick note to say thank you for your support in preparation for the show last Sunday. Both Dawn and I thanked Mandy Shute on the evening but just to say she was fabulous and really made our visit extremely welcoming.

Guest, Senior Lecturer Radiotherapy, University of the West of England

I just wanted to say thank you for making it a very enjoyable and interesting experience as a guest on last Sunday's show.

Guest, Radiography Student at UWE

We really enjoyed it and we thought Mandy was excellent – we were very impressed with her understanding and knowledge of the subject. Thank you.

Guest, Manager, Bristol Rape Crisis

Just to say thank you very much indeed for such a good time yesterday! Rarely have I enjoyed media work so much. You really are a joy to work with and what felt daunting became an absolute joy. THANK YOU. Once again very many thanks and if there is anything more we can do, please ask. All good wishes.

Guest, NACOA, Guardian Charity Awards Winner 2006

I really enjoyed taking part in the Healthy Living programme - I had felt fairly uneasy about it in advance but Mandy has a wonderful capacity to create a relaxed and informal atmosphere which allowed me to enjoy it. For me, it is always a joy to talk about the Vassall Centre and this was especially good as it was reaching an audience we find so difficult to contact.

Guest, Vassall Centre Trust

I really enjoyed the experience and am looking forward to coming back on the show in a few months time to give an update on how the new surgery is going. Mandy was lovely and completely put me at ease

Dr M., Broadmead GP Centre

I thought it went well. Mandy made me feel relaxed and in safe hands. Put it this way I would be more than willing to do something again!! Could see a phone in working though challenging. Will get in contact if I have any ideas.

Guest, Bristol Mind

Just wanted to say thank you for enabling us to be on the radio to get information about our service over. Mandy made us feel very welcome and prompted us when we were in need!! It was a really good experience, thank you,

Guest, (Intermediate care co-ordinator), Bristol Community Health

It was good to have the opportunity to talk about stroke on radio and to promote our services at the Bristol Area Stroke Foundation. Mandy was excellent and made the interviewing process relaxed. I hope we may be able to use your services in the future, particularly as we want to promote stroke support in the BME areas of Bristol.

Guest, Bristol Area Stroke Foundation

I thought it went very well. As usual, Mandy was very good and provided good direction for us.

Guest, Chlamydia Screening Programme Coordinator

I must say I enjoyed my time on the show. I came slightly late for the interviews because I hurried in from London. But Mandy made me feel welcome and that settled me down very quickly.

Guest, Health Improvement Specialist